

PATIENT HEALTH QUESTIONNAIRE

Patient Name \_\_\_\_\_

(please print)

MAIN REASON FOR TODAY'S VISIT:

Today's Date \_\_\_\_\_

MEDICAL HISTORY

Serious Injuries / Illnesses / Medical Problems (i.e. cancer, heart disease, high blood pressure, pneumonia)

Previous Hospitalizations and Surgeries

Medications/Vitamins

Known Allergies to Medicine (please list)

FOR WOMEN ONLY:

# of pregnancies \_\_\_\_\_ # of miscarriages \_\_\_\_\_ # of abortions \_\_\_\_\_ Age at 1<sup>st</sup> menstrual cycle? \_\_\_\_\_

Age at menopause \_\_\_\_\_ Date of last pap smear \_\_\_\_\_ Date of last mammogram \_\_\_\_\_

PATIENT SOCIAL HISTORY

Marital Status: Single \_\_\_\_\_ Married \_\_\_\_\_ Separated \_\_\_\_\_ Divorced \_\_\_\_\_ Widowed \_\_\_\_\_

Current Occupation: \_\_\_\_\_ Sexual Orientation (optional) \_\_\_\_\_

Use of Alcohol: Never \_\_\_\_\_ Rarely \_\_\_\_\_ Moderate \_\_\_\_\_ Daily \_\_\_\_\_

Use of Caffeine, Cups per Day: Coffee \_\_\_\_\_ Sodas \_\_\_\_\_ Tea \_\_\_\_\_

Use of Tobacco: Never \_\_\_\_\_ Previously, but quite \_\_\_\_\_ Current packs/day \_\_\_\_\_

Use of Drugs: Never \_\_\_\_\_ Type/Frequency \_\_\_\_\_

Exercise: Never \_\_\_\_\_ Rarely \_\_\_\_\_ Weekly \_\_\_\_\_ Daily \_\_\_\_\_ Type of Exercise: \_\_\_\_\_

FAMILY MEDICAL HISTORY Do you know of any blood relatives who have or had: (indicate relationship)

Arthritis \_\_\_\_\_ High Blood Pressure \_\_\_\_\_

Asthma/Allergies \_\_\_\_\_ Mental Illness \_\_\_\_\_

Cancer \_\_\_\_\_ Osteoporosis \_\_\_\_\_

Diabetes \_\_\_\_\_ Premature Menopause \_\_\_\_\_

Genetic Disorder \_\_\_\_\_ Stroke \_\_\_\_\_

Heart Disease \_\_\_\_\_ Thyroid Disorder \_\_\_\_\_