

Eastside Nephrology & Hypertension
Astier Alem, MD
13030 121st Way NE – Suite 102
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Telephone: (425) 899-5111 Fax: (425) 899-5114

Welcome to the office of Eastside Nephrology

Enclosed, please find:

1. Directions to our office;
2. Registration form;
3. Patient Health Questionnaire (3 pages);
4. Patient Record Transfer form (give to your previous Nephrologist / Referring Doctor)
5. Privacy Notice / HIPPA (4 pages - *for your information only; do not return this to us*);
6. Authorization to Disclose Protected Information Form

Please complete the necessary forms and bring them in with you to your appointment. Please also be prepared for your initial appointment by bringing the following items:

****Please arrive 30 minutes prior to your appointment for check in****

1. An updated list of all of your medications, with doses.
2. Your insurance card(s).
3. Picture I.D.
4. *Co-payment (if required by your insurance).

Business hours:

Monday-Friday: 9:00 a.m.-5:00 p.m.

Your scheduled appointment time is _____

Please note there will be a \$75 fee assessed for appointments missed or changed with less than twenty-four (24) hours' notice.

Please do not hesitate to give our office a call if you have any questions or concerns prior to your appointment.

We look forward to meeting you.
Dr. Alem and Staff